Medical Bytes... Now I get it!

Have you ever heard of Cliff Notes? Great! MyFace2FaceMD™ has created its own version of "The Cliff Note" called Medical Bytes.

This is where you can find physician reviews on trending health topics that are easy to read & understand.

Check out our latest Medical Byte in our newsroom:

Don't Stress Over RLS

Written by: Dr. Terence Kolb

Can you diagnose the flu? Or strep?

This very question has been one of the most common questions we have received. So common, we decided a newsletter should be dedicated to providing information on this topic.

MyFace2FaceMD™ offers a convenient and affordable alternative to "traditional" healthcare. With the convenience of MyFace2FaceMD™, patients are afforded the opportunity of having a visit with a healthcare provider from anywhere at any time. When patients see a healthcare provider through a virtual platform, influenza (flu) and strep swabs are not part of a virtual visit. This may seem different as patients are accustomed to having a throat swab to determine the offending agent. However, that is not a barrier to the diagnosis of the flu and/or strep through a virtual visit with MyFace2FaceMD™.

How can you diagnose without a positive test?

When a healthcare provider evaluates you through a virtual platform, they will look & listen to you while evaluating the following:

- Presenting symptoms
- Onset of symptoms
- Severity of symptoms
- Utilization of evidence based criteria

The symptom presentation, timing, severity, criteria (Centor Criteria) etc., are highly accurate in diagnosing these types of illnesses. The healthcare provider uses this data to identify the most probable, upper-respiratory infection. Such as: flu, strep throat, sinusitis, otitis media etc.

The reality is the swab test is only as accurate as the person collecting the swab. Thus, false negatives often happen due to poor collection technique.

If you have questions and would like to contact us, we are available through the "Get a Quick Call Back" box located on our homepage.

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